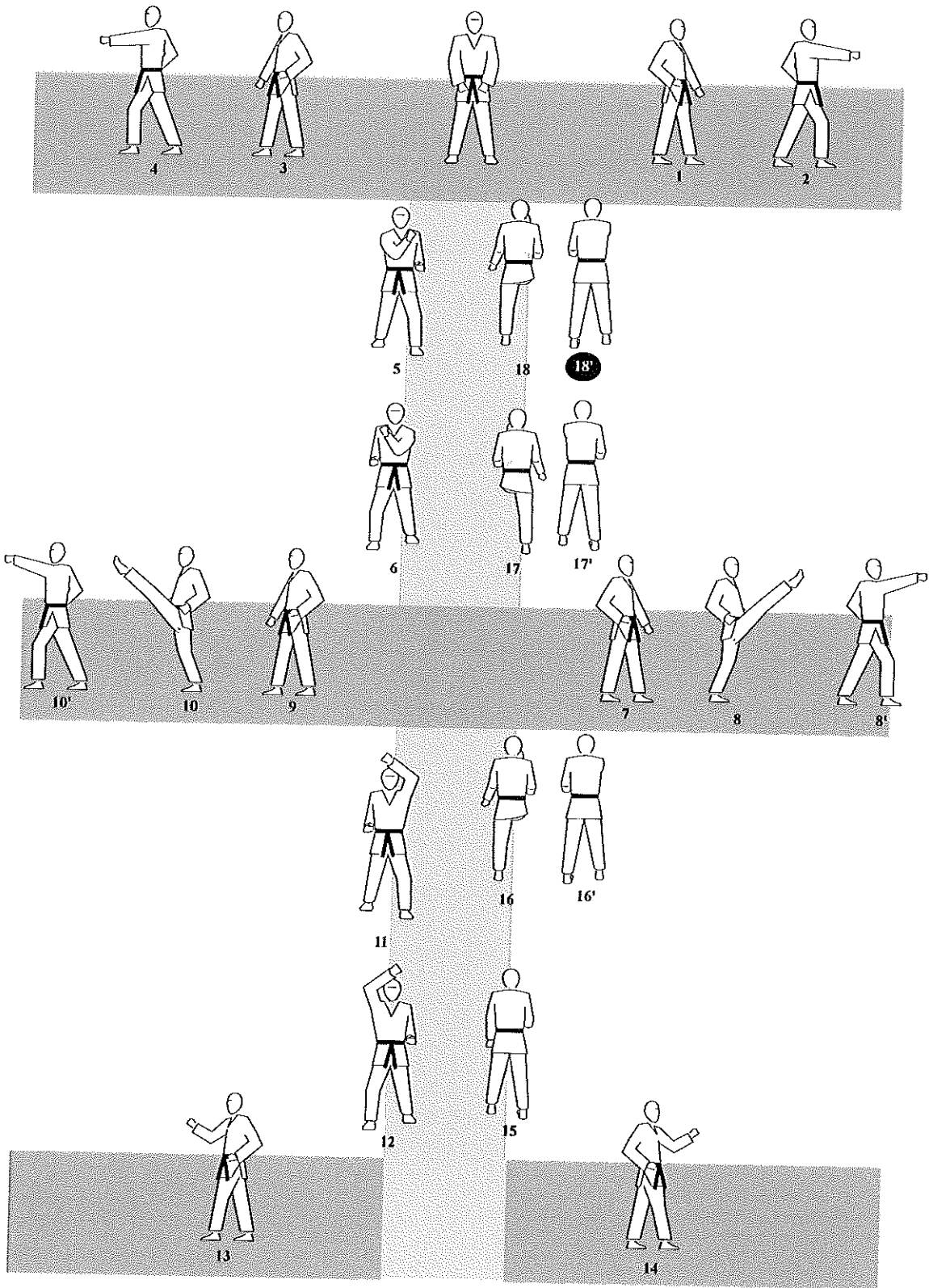


Taegeuk Yi Jang (2)



Taegeuk 2 (Lake)

- Attention (Charyeut)
- Bow (Kungye)
- Ready stance (Joonbi)

1. Turn toward 9 o'clock. Assume a left walking stance (Oen Apseogi). Execute a left down block (Oen Arae Makki).
2. Advance toward 9 o'clock. Assume a right forward stance (Oreun Apkoobi). Execute a right middle punch (Oreun Momtong Bandae Chireugi).
3. Turn clockwise on the ball of the left foot toward 3 o'clock. Assume a right walking stance (Oreun Apseogi). Execute a right down block (Oreun Arae Makki).
4. Advance toward 3 o'clock assuming a left forward stance (Oen Apkoobi). Execute a left middle punch (Oen Momtong Bandae Chireugi).
5. Turn counterclockwise toward 12 o'clock. Assume a left walking stance (Oen Apseogi). Execute a right outside-inside middle block (Oreun Momtong An Makki).
6. Advance toward 12 o'clock. Assume a right walking stance (Oreun Apseogi). Execute a left outside-inside middle block (Oen Momtong An Makki).
7. Bring the left foot to the right heel. Turn toward 9 o'clock assuming a left walking stance (Oen Apseogi). Execute a left down block (Oen Arae Makki).
8. Execute a right front kick (Oreun Apchagi). Assume a right forward stance (Oreun Apkoobi). Execute a right face punch (Oreun Eolgool Bandae Chireugi).
9. Turn clockwise toward 3 o'clock pivoting on the left foot. Assume a right walking stance (Oreun Apseogi). Execute a right down block (Oreun Arae Makki).
10. Execute a left front kick (Oen Apchagi). Assume a left forward stance (Oen Apkoobi). Execute a left face punch (Oen Eolgool Bandae Chireugi).
11. Turning counterclockwise toward 12 o'clock, assume a left walking stance (Oen Apseogi). Execute a left upper block (Oen Eolgool Makki).
12. Advance assuming a right walking stance (Oreun Apseogi). Execute a right upper block (Oreun Eolgool Makki).
13. Turn 270° counterclockwise to 3 o'clock. Pivot on the right foot. Assume a left walking stance (Oen Apseogi). Execute a right outside-inside middle block (Oreun Momtong An Makki).
14. Pivot clockwise on the left foot toward 9 o'clock. Assume a right walking stance (Oreun Apseogi). Execute a left outside-inside middle block (Oen Momtong An Makki).

15. Turn toward 6 o'clock. Assume a left walking stance (Oen Apseogi). Execute a left down block (Oen Arae Makki).

16. Execute a right front kick (Oreun Apchagi). Bring the foot down to assume a right walking stance (Oreun Apseogi). Execute a right middle punch (Oreun Momtong Bandae Chireugi).

17. Execute a left front kick (Oen Apchagi). Assume a left walking stance (Oen Apseogi). Execute a left middle punch (Oen Momtong Bandae Chireugi).

18. Execute a right front kick (Oreun Apchagi). Assume a right walking stance (Oreun Apseogi). Execute a right middle punch (Oreun Momtong Bandae Chireugi). Yell (Kihap).

- Ready stance (Geuman) Pivot on right foot, turn body to the left.
- Bow (Shiyo)